

Employee Health and Personal Hygiene — TRAINING FOR EMPLOYEES



Employee Health and Personal Hygiene: TRAINING FOR EMPLOYEES PAGE 1

This training will cover the employee's responsibilities when having symptoms of foodborne illnesses. The content is an adaptation of the Food and Drug Administration's Employee Health and Personal Hygiene Handbook.

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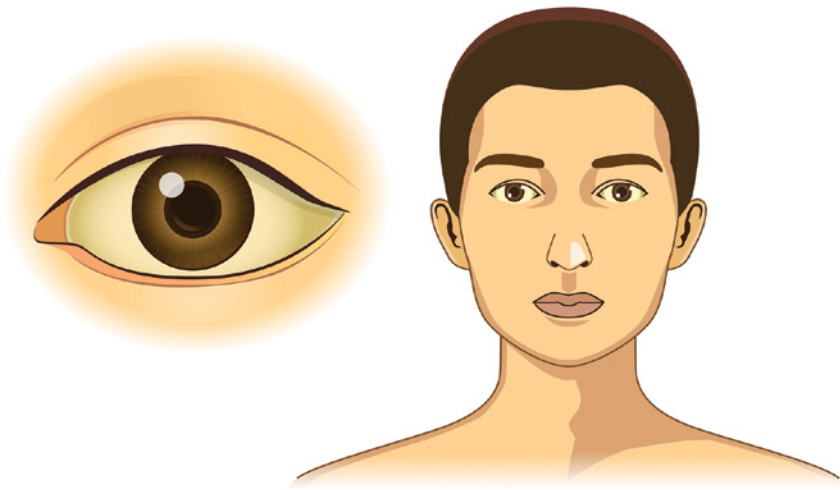
Employee Health and Personal Hygiene — TRAINING FOR EMPLOYEES



VOMITING/DIARRHEA



SORE THROAT WITH FEVER



JAUNDICE



INFECTED CUTS/BURNS

Employee Health and Personal Hygiene: TRAINING FOR EMPLOYEES PAGE 2

FOODBORNE ILLNESS

- Commonly known as food poisoning
- Any microorganisms can occur in food and make people sick
- When two or more people consume a common food and become sick with similar illness, this is known as an outbreak

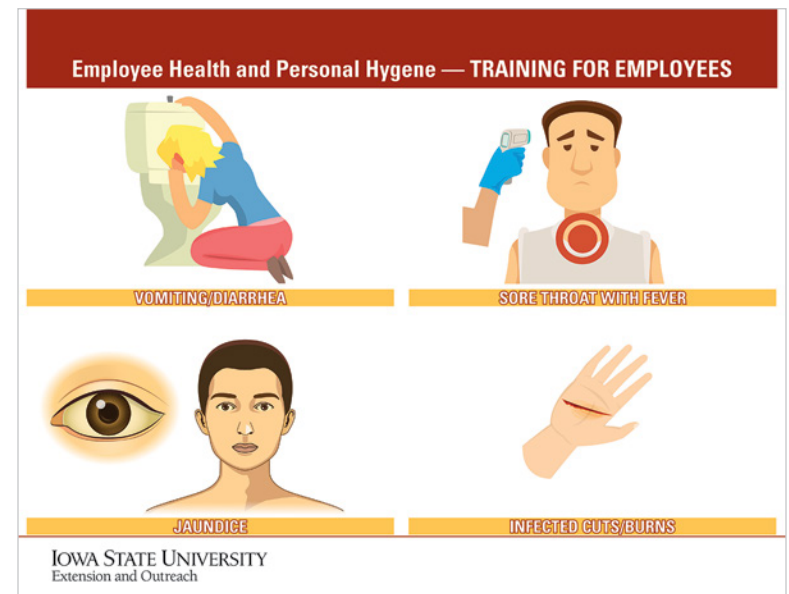
Employees will be excluded from work if they have the following symptoms:

VOMITING and DIARRHEA

SORE THROAT WITH FEVER

JAUNDICE (yellow skin or eyes) From Hepatitis A

INFECTED CUTS and BURNS WITH PUS ON HANDS AND WRISTS



Employee Health and Personal Hygiene — TRAINING FOR EMPLOYEES

VOMITING/DIARRRHEA



- **Stop working immediately AND contact the manager**
- **Stay home for at least 24 hours after vomiting and diarrhea symptoms have ended**

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VOMITING and DIARRHEA

When having symptoms of vomiting and/or diarrhea, and you haven't arrived to work:


- Stay home
- Inform the manager by phone
- Don't report to work until at least 24 hours after vomiting and diarrhea symptoms have ended

When having symptoms of vomiting and/or diarrhea at work:

- Stop working immediately
- Tell the manager you're not feeling well
- Go home and return after at least 24 hours have passed since the vomiting and diarrhea symptoms have ended

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VOMITING/DIARRHEA



- Stop working immediately AND contact the manager
- Stay home for at least 24 hours after vomiting and diarrhea symptoms have ended

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SOAR THROAT WITH FEVER



OKAY

sore throat **OR** fever

STAY AT HOME

sore throat **AND** fever

- Report symptoms
- Return to work after medical clearance

Employee Health and Personal Hygiene: TRAINING FOR EMPLOYEES PAGE 4

SORE THROAT and FEVER

OKAY sore throat OR fever


STAY AT HOME sore throat AND fever

When having symptoms of sore throat AND fever:

- Report the symptoms to the manager
- Stop working and go home
- Return to work after obtaining clearance from a health practitioner and presenting it to the manager

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SOAR THROAT WITH FEVER



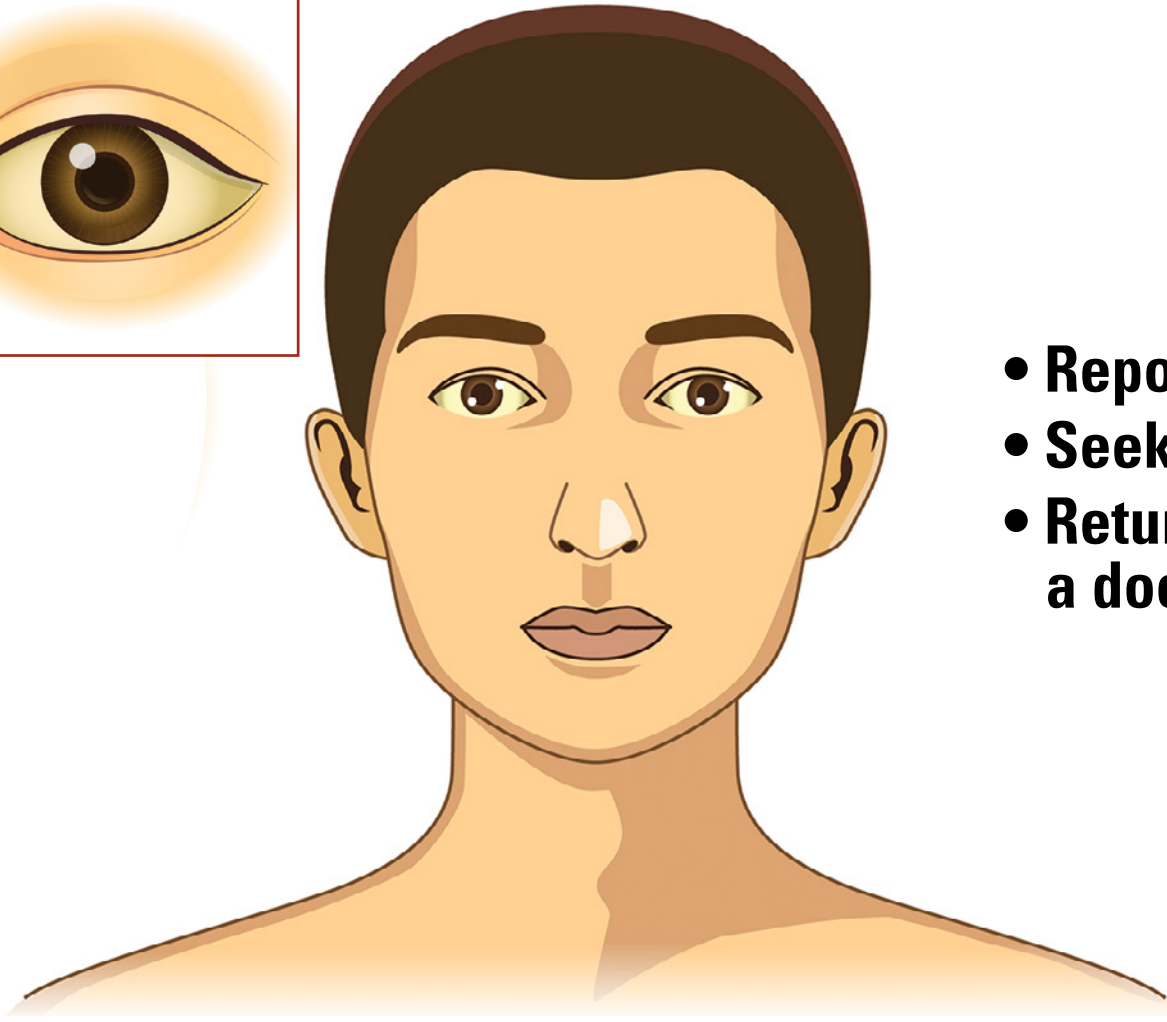
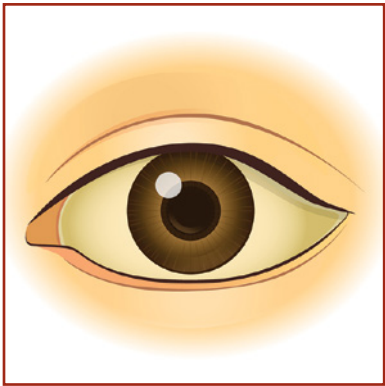
OKAY
sore throat OR fever

STAY AT HOME
sore throat AND fever

- Report symptoms
- Return to work after medical clearance

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JAUNDICE



- **Report symptoms**
- **Seek immediate medical attention**
- **Return to work after cleared by a doctor**

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JAUNDICE

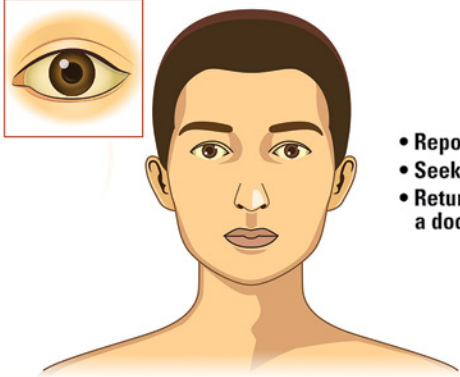
- **Report symptoms**
- **Seek immediate medical attention**
- **Return to work after cleared by a doctor**

When having symptoms of jaundice (the yellowing of the white portion of the eyes, skin and mucous membranes):

- Report the symptoms to the manager or an employee from the health department
- Immediately seek medical attention
- Return to work after receiving clearance from a health practitioner
- If jaundiced for more than seven days, you will require clearance from the local health department

Employee Health and Personal Hygiene — TRAINING FOR EMPLOYEES

JAUNDICE



- Report symptoms
- Seek immediate medical attention
- Return to work after cleared by a doctor

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INFECTED CUTS and BURNS



- **Report the wound**
- **Cover the wound**
- **Wear a single-use glove over the bandage before going back to work**



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INFECTED CUTS and BURNS

- **Report the wound**
- **Cover the wound**
- **Wear a single-use glove over the bandage before going back to work**


When having an infected cut or burn:

- Report the wound to the manager
- Cover the wound with a clean and impermeable bandage
- Wear a single-use glove over the bandage before going back to work to prevent the bandage from falling into the food and becoming a choking hazard for consumers

If you have a cut or wound on your hands or wrists, you may continue working if the wound has been covered with a tight-fitting bandage and protected with a single-use glove at all times.

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INFECTED CUTS and BURNS



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- Cover the wound
- Wear a single-use glove over the bandage before going back to work

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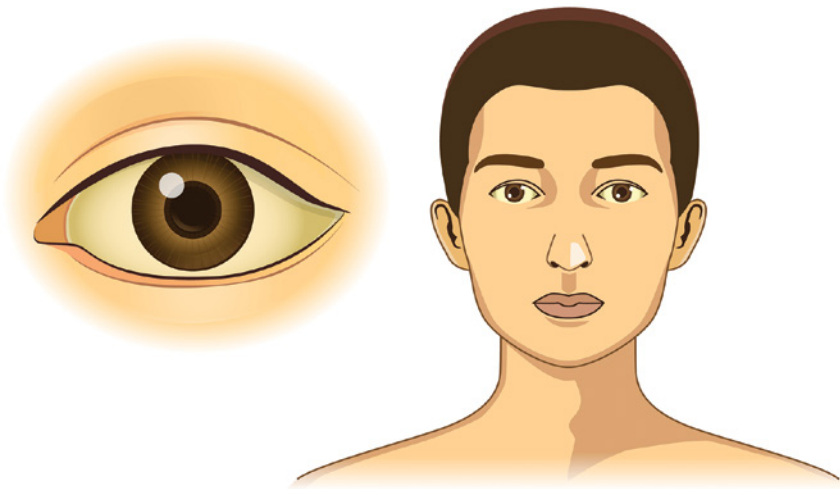
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INFECTED CUTS/BURNS

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ACTIVITY

- Ask the trainee if he or she has any questions about the topic.
- Discuss any questions

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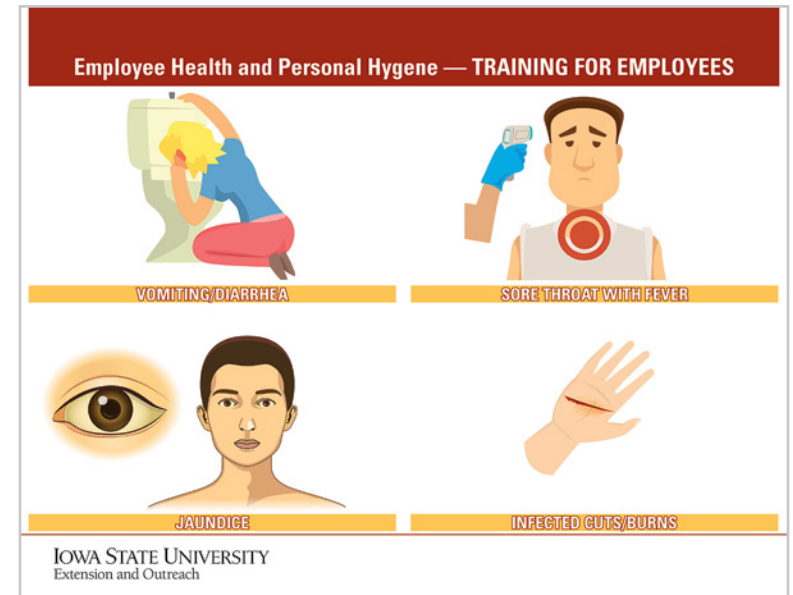
AUTHORS

Ana Lorena Monge Brenes, graduate student, Department of Food Science and Human Nutrition; Jessyca C. Martinez Velez, George Washington Carver Summer Intern; Angela Shaw, Associate Professor, Department of Food Science and Human Nutrition; Keith Vorst, Associate Professor, Department of Food Science and Human Nutrition

PHOTOS

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