# Suggested Vegetable Varieties for the Home Garden

**Asparagus**
- Jersey Giant – male hybrid
- Jersey Knight – male hybrid
- Jersey Supreme – male hybrid
- Mary Washington – open pollinated
- Purple Passion – purple spears

Hybrid varieties have improved vigor, disease tolerance, and higher yields.

**Beans, bush lima**
- Eastland – dime-sized beans
- Fordhook 242 – midseason, medium size, thick pod
- Henderson Bush – early, small seeds

**Beans, pole**
- Blue Lake – stringless
- Kentucky Blue
- Kentucky Wonder – heirloom
- Marvel of Venice – yellow flat pods

**Beans, snap green**
- Ambra
- Bush Blue Lake 274
- Festina
- Provider – early
- Strike
- Tendercrop
- Topcrop

**Beans, snap wax (yellow)**
- Gold Mine – susceptible to brown spot disease
- Gold Rush – white seeds
- Rocdor
- Slenderwax
- Sunburst

**Beets**
- Bull’s Blood – dark red leaves for salad greens
- Cylindra – cylindrical roots
- Green Top Bunching – dark green leaves for salad greens
- Merlin – round, red
- Red Ace – round, red
- Ruby Queen – round, red

**Broccoli**
- Arcadia – late (fall production)
- Gypsy – midseason
- Packman – early, uniform large heads
- Premium Crop – midseason, large center heads, few side shoots

**Brussels Sprouts**
- Jade Cross
- Royal Marvel

**Cabbage, early**
- Head Start – excellent holding ability in garden
- Stonehead – small solid heads

**Cabbage, midseason**
- Blue Vantage – blue-green heads
- Red Acre – red-purple heads

**Cabbage, late**
- Cheers – blue-green heads
- Ruby Perfection – deep red heads
- Savoy Ace – savoy type

**Cabbage, Chinese**
- Blues
- Jade Pagoda

**Carrots**
- Bolero
- Nelson
- Purple Haze – purple exterior, orange interior
- Royal Chantenay
- Scarlet Nantes

**Cauliflower**
- Fremont – early to midseason
- Graffiti – deep purple heads
- Snow Crown – early, good for spring and early fall production
- White Sails – midseason

**Celery**
- Golden Self-Blanching
- Tango
- Utah 52-70

**Collards**
- Blue Max – blue-green leaves
- Champion
- Flash – dark green leaves
- Vates

**Cucumbers, pickling**
- Bush Pickle
- Calypso
- Eureka
- Fancipak
<table>
<thead>
<tr>
<th>Cucumbers, slicing</th>
<th>Okra</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fanfare</td>
<td>Cajun Delight</td>
</tr>
<tr>
<td>Dasher II</td>
<td>Clemson Spineless</td>
</tr>
<tr>
<td>Marketmore 76</td>
<td>Red Burgundy – burgundy colored fruit</td>
</tr>
<tr>
<td>Salad Bush – compact plants</td>
<td>Onion</td>
</tr>
<tr>
<td>Sweet Slice</td>
<td>Candy</td>
</tr>
<tr>
<td></td>
<td>Copra</td>
</tr>
<tr>
<td></td>
<td>Norstar</td>
</tr>
<tr>
<td></td>
<td>Red Bull</td>
</tr>
<tr>
<td></td>
<td>Red Zeppelin</td>
</tr>
<tr>
<td></td>
<td>Stuttgarter – grown from sets</td>
</tr>
<tr>
<td></td>
<td>Super Star</td>
</tr>
<tr>
<td></td>
<td>White Sweet Spanish</td>
</tr>
<tr>
<td></td>
<td>Yellow Sweet Spanish</td>
</tr>
<tr>
<td>Eggplant</td>
<td>Onion, bunching</td>
</tr>
<tr>
<td>Black Beauty – purple-black oval fruit</td>
<td>Feast</td>
</tr>
<tr>
<td>Epic – purple oval fruit</td>
<td>Evergreen White</td>
</tr>
<tr>
<td>Fairytale – purple and white elongated fruit</td>
<td>Parsley</td>
</tr>
<tr>
<td>Gretel – white elongated fruit</td>
<td>Dark Green Italian – flat dark green leaves</td>
</tr>
<tr>
<td>White Star – white teardrop-shaped fruit</td>
<td>Forest Green – semi-curled dark green leaves</td>
</tr>
<tr>
<td>Endive</td>
<td>Parsnip</td>
</tr>
<tr>
<td>Full Heart Batavian</td>
<td>Albion</td>
</tr>
<tr>
<td>Salad King</td>
<td>Harris Model</td>
</tr>
<tr>
<td>Kale</td>
<td>Hollow Crown</td>
</tr>
<tr>
<td>Red Bor – red-purple leaves</td>
<td>Peas</td>
</tr>
<tr>
<td>Vates Blue Curled – blue-green leaves</td>
<td>Green Arrow</td>
</tr>
<tr>
<td>Winterbor – blue-green leaves</td>
<td>Mr. Big</td>
</tr>
<tr>
<td>Kohlrabi</td>
<td>Lincoln</td>
</tr>
<tr>
<td>Early Purple Vienna</td>
<td>Spring – early</td>
</tr>
<tr>
<td>Grand Duke</td>
<td>Peas, snap (edible podded)</td>
</tr>
<tr>
<td>Winner</td>
<td>Sugar Bon – early, short vines</td>
</tr>
<tr>
<td>Leek</td>
<td>Sugar Sprint</td>
</tr>
<tr>
<td>King Richard</td>
<td>Super Sugar Snap</td>
</tr>
<tr>
<td>Megaton</td>
<td>Peas, snow (edible podded)</td>
</tr>
<tr>
<td>Lettuce, butterhead</td>
<td>Oregon Giant</td>
</tr>
<tr>
<td>Buttercrunch</td>
<td>Oregon Sugar Pod II</td>
</tr>
<tr>
<td>Skyphos – dark red with green centers</td>
<td>Pepper, banana/cubanelle</td>
</tr>
<tr>
<td>Lettuce, head</td>
<td>Key West – pale green matures red</td>
</tr>
<tr>
<td>Ithaca</td>
<td>Sweet Banana – light yellow matures red</td>
</tr>
<tr>
<td>Summertime</td>
<td>Pepper, colored bells</td>
</tr>
<tr>
<td>Lettuce, leaf</td>
<td>Early Sunsatation – dark green matures golden yellow</td>
</tr>
<tr>
<td>Black Seeded Simpson</td>
<td>Orange Blaze – dark green matures orange</td>
</tr>
<tr>
<td>Green Ice</td>
<td>Purple Beauty – deep purple matures purple red</td>
</tr>
<tr>
<td>Green Salad Bowl</td>
<td>Sweet Chocolate – green matures chocolate brown</td>
</tr>
<tr>
<td>New Red Fire – dark red leaves</td>
<td>Pepper, sweet bell</td>
</tr>
<tr>
<td>Red Sails – red leaves</td>
<td>Aristotle – green matures red</td>
</tr>
<tr>
<td>Red Salad Bowl – wine red leaves</td>
<td>Bell Boy – green matures red</td>
</tr>
<tr>
<td>Lettuce, Romaine</td>
<td>King Arthur – green matures red</td>
</tr>
<tr>
<td>Green Towers</td>
<td>Lady Bell – green matures red</td>
</tr>
<tr>
<td>Jericho</td>
<td></td>
</tr>
<tr>
<td>Muskmelon</td>
<td></td>
</tr>
<tr>
<td>Aphrodite</td>
<td></td>
</tr>
<tr>
<td>Athena</td>
<td></td>
</tr>
<tr>
<td>Earlidew – honeydew type, green flesh</td>
<td></td>
</tr>
<tr>
<td>Passport – Galia type, green flesh</td>
<td></td>
</tr>
<tr>
<td>Superstar</td>
<td></td>
</tr>
<tr>
<td>Sensation – white flesh</td>
<td></td>
</tr>
</tbody>
</table>
Pepper, hot
Cajun Belle – 100 - 1,000 sc
Mariachi – 100 - 1,000 sc
Hungarian Yellow Hot Wax – 2,000 - 4,000 sc
Mucho Nacho – 2,500 - 5,000 sc
El Jefe – 4,000 - 6,000 sc
Thai Hot – 50,000 - 100,000 sc
Scotch Bonnet – 100,000 - 350,000 sc
Habanero Orange – 200,000 - 350,000 sc

*sc refers to the Scoville Heat Unit Scale.
The Scoville scale measures the hotness of peppers.
The larger the number, the hotter the pepper.

Potato
Goldrush – mid, white, good baking quality
Kennebec – late, white, oval
Red Norland – early, bright red, oblong
Red Pontiac – late, red, round
Russet Norkotah – early, good baking quality
Superior – early, white, oval, slight russet
Yukon Gold – early, yellow flesh

Pumpkins
Atlantic Giant – very large
Baby Bear – small
Baby Boo – miniature, white
Cannon Ball – small
Cinderella – medium
Cotton Candy – medium, white
Dependable – large
Gladiator – large
Hooligan – miniature, orange and white
Howden – large
Knuckle Head – medium, warty
Lumina – medium, white
Magician – medium
Neon – small
New Moon – large, white
Prize Winner – very large
Sorcerer – medium
Wee-B-Little – miniature

Radish
Champion
Cherry Belle
Easter Egg II
Red Satin
Round Black Spanish – winter type
Sparkler
White Icicle

Rhubarb
Canada Red
MacDonald
Valentine
Victoria – green stalks with red blush

Rutabaga
American Purple Top
Laurentian

Salsify
Mammoth Sandwich Island

Spinach
Bloomdale Long Standing – spring crop
Melody – spring crop
Tyee – spring and fall crops

Squash, summer
Gold Rush – yellow zucchini
Lioness – yellow straightneck
Peter Pan – light green scallop
Spineless Perfection – medium green zucchini
Sunburst – yellow scallop
Supersett – yellow crookneck
Zucchini Elite – medium green zucchini

Squash, winter
Avalon – butternut
Blue Hubbard
Bonbon – buttercup
Burgess Buttercup
Cream of the Crop – creamy white acorn
Pinnacle – spaghetti type
Table Ace – dark green acorn
Table Queen – green acorn
Waltham Butternut

Sweet Corn, standard (su)
Early Sunglow – yellow
Golden Bantam – yellow
Silver Queen – late, white

Sweet Corn, sugar enhanced (se)
Ambrosia – bicolor
Bodacious – main, yellow
Incredible – main, yellow
Luscious – bicolor
Silver King – white
Whiteout – white

Sweet Corn, supersweet (sh2)
Honey ’N Pearl – main, bicolor
How Sweet It Is – white
Northern Super Sweet – yellow
Northern Xtra-Sweet – yellow

Sweet Corn, synergistic
Applause – yellow
Illusion – white
Mattapoisett – white
Montauk – bicolor
Providence – bicolor

Sweet Corn, augmented supersweet
Varieties in the Mirai™, Gourmet Sweet™, and Xtra-Tender™ Series
### Sweet Potato
- **Beauregard** – early, light red skin, orange flesh
- **Centennial** – soft-fleshed, orange skin, orange flesh
- **Georgia Jet** – rose-red skin, orange flesh

### Swiss Chard
- **Bright Lights** – multi-colored mix
- **Discovery** – red stems
- **Fordhook Giant** – white stems
- **Lucullus** – white stems

### Tomato, large fruited
- **Better Boy** – indeterminate, red
- **Big Beef** – indeterminate, red
- **Brandywine** – indeterminate, deep pink, heirloom
- **Carolina Gold** – determinate, yellow-gold
- **Cherokee Purple** – indeterminate, purplish brown, heirloom
- **Celebrity** – determinate, red
- **Jet Star** – indeterminate, red, not suited for canning
- **Lemon Boy** – indeterminate, lemon yellow
- **Mountain Fresh Plus** – determinate, red
- **Pony Express** – determinate, red, roma-type
- **Roma VF** – determinate, red, roma

### Tomato, small fruited
- **Juliet** – indeterminate, red, olive-shaped
- **Patio Hybrid** – determinate, red
- **Solid Gold** – indeterminate, golden yellow, grape
- **Supersweet 100** – indeterminate, red, cherry
- **Sweet Hearts** – indeterminate, red, grape

### Turnip
- **Purple Top White Globe**
- **Seven Tops** – greens
- **White Lady**

### Watermelon
- **Amarillo** – yellow-fleshed, seedless, 12 - 14 pounds
- **Cooperstown** – red-fleshed, seedless, 16 - 22 pounds
- **Crimson Sweet** – red-fleshed, seeded, 20 - 30 pounds
- **Jade Star** – red-fleshed, seeded, 10 - 12 pounds
- **Orange Crisp** – orange-fleshed, seedless, 14 - 18 pounds
- **Millionaire** – red-fleshed, seedless, 13 - 20 pounds
- **Royal Sweet** – red-fleshed, seeded, 20 - 25 pounds
- **Sangria** – red-fleshed, seeded, 20 - 26 pounds
- **Sugar Baby** – red-fleshed, seeded, 8 - 10 pounds
- **Sweet Beauty** – red-fleshed, seeded, 5 - 7 pounds
- **Yellow Baby** – yellow-fleshed, seeded, 9 - 12 pounds

---

Prepared by Richard Jauron, Cindy Haynes, and Ajay Nair, extension horticulturists.

...and justice for all

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. Not all prohibited bases apply to all programs. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at 202-720-2600 (voice and TDD). To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue SW, Washington, DC 20250-9410, or call 800-795-3272 (voice) or 202-720-6382 (TDD). USDA is an equal opportunity provider and employer. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, In cooperation with the U.S. Department of Agriculture. Cathann A. Kress, director, Cooperative Extension Service, Iowa State University of Science and Technology, Ames, Iowa.