

If you are in 4th through 12th grade and live in the city, on the farm, or in between, then 4-H is for you.

In 4-H you can . . .

- Have fun
- Make friends
- Learn and do new things
- Help others

4-H is filled with excitement for adults, too. As a volunteer, you can develop skills, abilities, and understanding so you can work effectively with 4-H'ers and others. You can help 4-H while 4-H helps you.

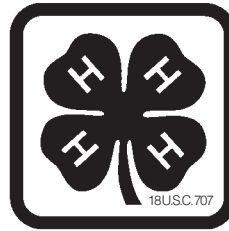
Families learn and share in 4-H. Return the coupon on the back to receive 4-H details from your local Iowa State University Extension county office.

More than 135,000 young people participated in Iowa 4-H activities last year.

**You belong in 4-H!**

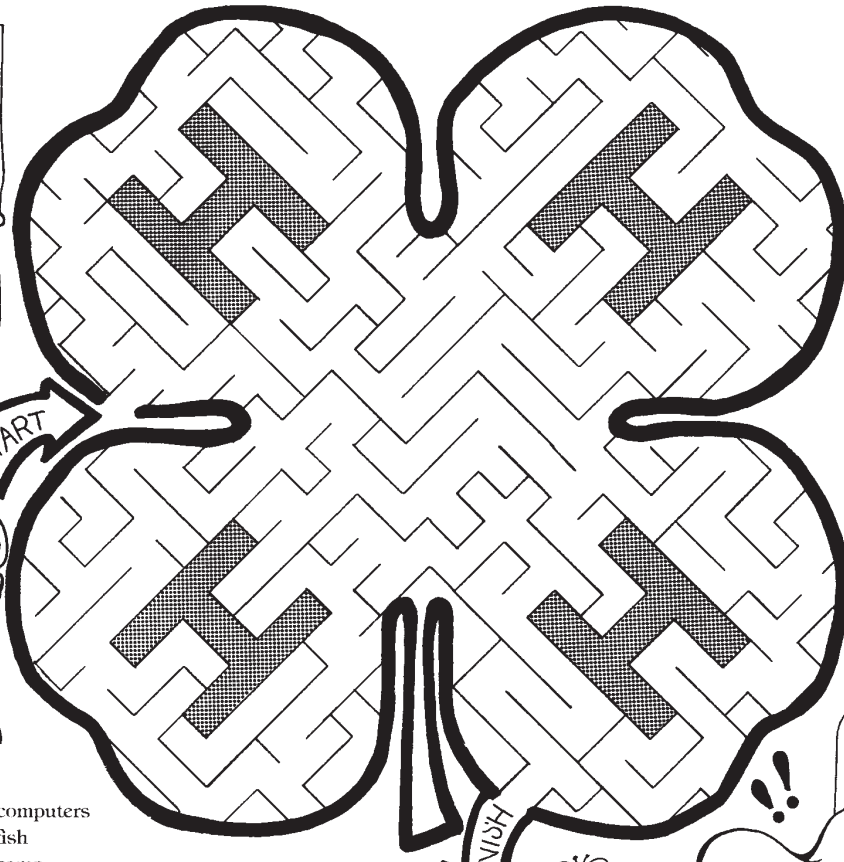
*4-H is a community of young people across America who are learning leadership, citizenship and life skills.*

**IOWA STATE UNIVERSITY**  
University Extension



**Let's join 4-H.**





The 4-H Pledge. I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living, for my club, my community, my country, and my world.

I \_\_\_\_\_  
 my \_\_\_\_\_ to clearer  
 \_\_\_\_\_,  
 my \_\_\_\_\_ to greater  
 \_\_\_\_\_,  
 my \_\_\_\_\_ to larger  
 \_\_\_\_\_,  
 my \_\_\_\_\_ to  
 \_\_\_\_\_,  
 \_\_\_\_\_, for my club,  
 my \_\_\_\_\_,  
 my \_\_\_\_\_, and  
 my \_\_\_\_\_.

Word Bank for the 4-H Pledge  
 community loyalty heart head  
 service country pledge world  
 health living thinking better  
 hands



4-H Word Search. You can learn more about these things in 4-H.

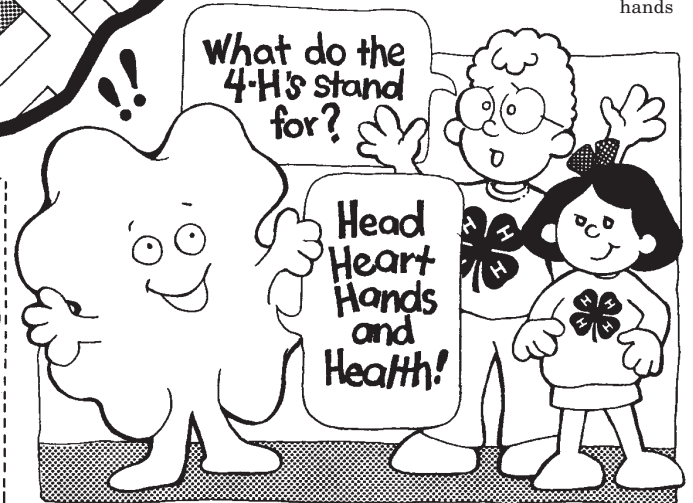
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 NEBJLSTKCMUE  
 GPQTVOGSFDTPAC  
 CAMPBDTDRFISHTT  
 DAKHEMCHWGSEINS  
 LCTLCTWEEMCSKVM  
 SKPSRKSIPSERADP  
 NATUREURLADOOFE  
 KGNIHSEIFEKBERH  
 ZDRAWINGMBJWZSY

computers  
 fish  
 camp  
 pledge  
 fun  
 pets  
 friends  
 music  
 projects  
 rockets  
 food  
 cooking  
 fishing  
 drawing  
 games  
 dogs  
 county fair  
 horses  
 painting  
 clothes  
 cats  
 nature

WELCOME to 4-H

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_  
 ZIP \_\_\_\_\_ PHONE \_\_\_\_\_  
 E-mail \_\_\_\_\_

For more information on 4-H  
 send this coupon to your local  
 ISU Extension county office.



... and justice for all

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